

Eganville & District Seniors

Frozen Meals On Wheels Program

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| --- | --- | --- | --- | --- |
| **Name** |  | | | |
| **Address** |  | | | |
| **Phone** |  |  | **Date Ordered** |  |

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| **Entrees**  *$6.00 each*  \_\_\_\_ Macaroni Meat Casserole♣  \_\_\_\_ Beef Stew   \_\_\_\_ Traditional Beef Pot Roast♣  \_\_\_\_ Salisbury Steak   \_\_\_\_ Chopped Swiss Steak   \_\_\_\_ Meatloaf in Mushroom Gravy   \_\_­­\_\_ Liver and Onions   \_\_\_\_ Veal Parmesan   \_\_\_\_ Beef Stroganoff   \_\_\_\_ Chicken a la King♣  \_\_\_\_ Turkey with Stuffing♣  \_\_\_\_ Sweet n’ Sour Chicken ♣  \_\_\_\_ Country Chicken   \_\_\_\_ Chicken Cacciatore♣  \_\_\_\_ Roast Chicken♣  \_\_\_\_ Pork with Stuffing   \_\_\_\_ BBQ Rib Style Pork Cutlet   \_\_\_\_ Fish Florentine   \_\_\_\_ Fish & Chips   \_\_\_\_ Sliced Beef with Gravy  \_\_\_\_ Salmon/Lemon Sauce ♣  \_\_\_\_ Vegetable Lasagna  \_\_\_\_ Puree | \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*  \_\_\_\_ meals @ $6.00 = \_\_\_\_\_    TOTAL = \_\_\_\_\_  Paid: \_\_\_\_\_\_\_\_\_  Date: \_\_\_\_\_\_\_\_\_ |
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♣ **INDICATES LOW SODIUM**