

Eganville & District Seniors

Frozen Meals On Wheels Program

|  |  |
| --- | --- |
| **Name** |   |
| **Address** |   |
| **Phone** |   |   | **Date Ordered** |   |

|  |  |
| --- | --- |
| **Entrees***$6.00 each* \_\_\_\_ Macaroni Meat Casserole♣ \_\_\_\_ Beef Stew  \_\_\_\_ Traditional Beef Pot Roast♣ \_\_\_\_ Salisbury Steak  \_\_\_\_ Chopped Swiss Steak  \_\_\_\_ Meatloaf in Mushroom Gravy  \_\_­­\_\_ Liver and Onions  \_\_\_\_ Veal Parmesan  \_\_\_\_ Beef Stroganoff  \_\_\_\_ Chicken a la King♣ \_\_\_\_ Turkey with Stuffing♣ \_\_\_\_ Sweet n’ Sour Chicken ♣ \_\_\_\_ Country Chicken  \_\_\_\_ Chicken Cacciatore♣ \_\_\_\_ Roast Chicken♣ \_\_\_\_ Pork with Stuffing  \_\_\_\_ BBQ Rib Style Pork Cutlet  \_\_\_\_ Fish Florentine  \_\_\_\_ Fish & Chips  \_\_\_\_ Sliced Beef with Gravy \_\_\_\_ Salmon/Lemon Sauce ♣ \_\_\_\_ Vegetable Lasagna  \_\_\_\_ Puree |   \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* \_\_\_\_ meals @ $6.00 = \_\_\_\_\_  TOTAL = \_\_\_\_\_Paid: \_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_ |
|  |  |

♣ **INDICATES LOW SODIUM**